

June 12

“ Rendang Beef”

-1 package of stewing beef

-2 or 3 shallots peeled

-4 cloves garlic

-1 thumb size ginger

-1 thumb size galangal(if you can get it)

-1 or 2 red hot chili

-1 star anise

-1 tsp cumin, coriander powder, turmeric powder and cardamom powder

-1/4 cashew nuts

-1 can coconut milk

-1 palm sugar

-1 lemon grass

-3 to 5 lime leaves

Serve on rice or bread